Technical data

Product no.: no-001

## **SPIRER 110**



Dimension in cm:

Material:

Corrosion class: Surface treatment: L65 x W9 x H15 cm

Steel

C4

Rust-protected and powder-coated

Area of movement:

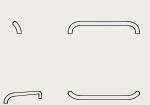
Training space: Free height of fall:

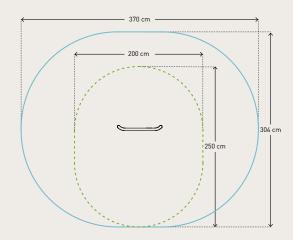
Fall protection required:

According to:

None

EN 16630:2015





## Please note:

As a general rule, the green lines ——— are not allowed to overlap each other. However the blue lines can overlap both the blue and the green lines, BUT there cannot be any solid or hard objects inside the blue circle. (Trees, stones, other fitness equipment, etc.)

## **EXERCISES / STRETCH OUT**









**NOORD**