



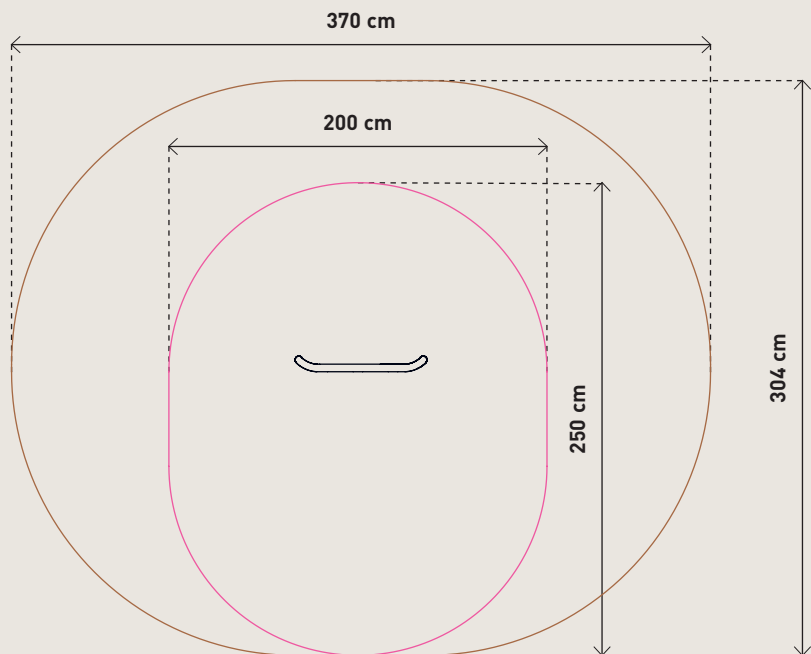
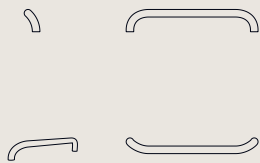
NOORD no.: no-001

# SPIRER 110



**Dimension in cm:** L65 x W18 x H11 cm  
**Material:** Steel  
**Corrosion class:** C4  
**Surface treatment:** Rust-protected and powder-coated

**Training space:**   
**Area of movement:**   
**Free height fall:** -  
**Impact damping required:** Non  
**According to:** EN 16630



## EXERCISES / STRETCH OUT

